

Health News Release

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E. coli outbreak linked to several types of frozen food products expands One connected case of E. coli in Washington

OLYMPIA — The state Department of Health is warning people that several types of frozen food products – Farm Rich, Market Day, and Schwan's brands – have been recalled due to possible contamination with *E. coli*. The products were distributed widely throughout Washington.

The recalls are related to a <u>national *E. coli* outbreak</u> that sickened 27 people from 15 states, including a Pierce County woman in her 20s.

"The foods in this recall were sent to stores throughout our state," said Dave Gifford, Food Safety program manager. "*E. coli* can be very serious. We're asking people to look at the recall list, check their freezers carefully, and throw out any of these products that they find."

The type of *E. coli* in this outbreak is a strain of Shiga toxin-producing *E. coli* O121 (STEC O121), which is similar to *E. coli* O157:H7. It can cause diarrhea, abdominal cramps, bloody diarrhea, fever, and vomiting. It can sometimes result in severe, life-threatening illness.

The recalled product list continues to expand and now includes several varieties of frozen snacks and mini-meal products. The full <u>list of the products currently covered by the recall</u> is on the U.S. Department of Agriculture's website; more info is on the <u>Food Safety Program</u> website.

The <u>Department of Health website</u> (doh.wa.gov) is your source for *a healthy dose of information*. Also, <u>find us on Facebook</u> and <u>follow us on Twitter</u>.